



LAB University of Applied Sciences

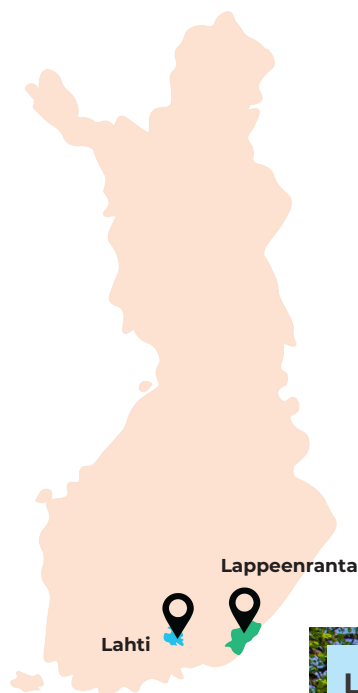
LAB-ammattikorkeakoulu

LAB University of Applied Sciences operates in Lahti and Lappeenranta, and also provides education online. The strengths of this higher education institution include the circular economy, design, innovations and health.



Head of Institution
Mr Turo Kilpeläinen,
The President and CEO

Erasmus Code SF LAHTI11	IIA Signatory Ms Mari-Anna Suurmunne The Vice President for Education
Organisation ID E10082601	PIC Number 949269355



Lappeenranta Campus

**Yliopistonkatu 36,
FI-53850
Lappeenranta, Finland
(Main address)**

Available study fields for exchange students

International Business
Tourism and Hospitality Management
Mechanical engineering
Fine Arts
Physiotherapy
Nursing
Paramedic



Lahti Campus

**Mukkulankatu 19,
FI-15210 Lahti, Finland**

Available study fields for exchange students

International Business | Wood Technology
Graphic design | Industrial design
Interior architecture and furniture design
Media content design | Photography
Visual Communication | UX/UI
Sustainable Design Business | Service design
Wearable and fashion design | Physiotherapy
Business Information Technology
Information and Communication Technology
Sustainable Solutions Engineering
Sustainable Construction Engineering



Exchange Student Guide

Instructions for exchange students are available at our [guide](#).



Academic Calendar

Note! Nominations for short mobility periods through shortmobility@lab.fi (not through Mobility-Online)

Autumn semester
August - December

Spring semester
January - May

Spring semester
nomination deadline
for **international
coordinators**

**Oct
8**

Spring
semester
Orientation on
week 1 or 2

Jan

Autumn semester and
the whole academic year
nomination deadline for
**international
coordinators**

**April
8**

Aug

**Oct
15**

**April
15**

Autumn semester
Orientation
somewhere
between week 34-36

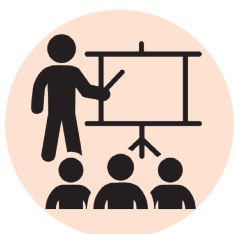
Spring semester
application deadline
for **students**

Autumn semester and
the whole academic year
application deadline for
students



Nomination and application

Nominations are done by the sending institution via LAB Mobility-Online. Instructions for nominating are sent to partner institutions. Applications are filled through online application system LAB Mobility-Online. More information about applying and application process at our info page for students eLAB.



Orientation

Orientation Programme for new incoming exchange students is arranged twice a year, at the beginning of each semester. Orientation is compulsory for all exchange students.



International Mobility Services

EDUCATION COOPERATION

Ms. Anne Himanka

Director for Study and International Affairs
anne.himanka@lut.fi
+358505644623

Strategic partnerships,
Double Degrees



Ms. Mari Tuukkanen
Service Manager
(International Affairs)
mari.tuukkanen@lut.fi
+358407418842

Bilateral agreements
Teacher and staff exchange
International weeks



Ms. Sari Horn
Coordinator
International Relations
sari.horn@lut.fi
+358503871900

Erasmus Institutional
Coordinator



Ms. Pia Puonti
Coordinator
pia.puonti@lut.fi
+358447080983

STUDENT EXCHANGE

incoming@lab.fi / outgoing@lab.fi / shortmobility@lab.fi



Ms. Evgenia Balbutskaya (on leave)
Ms. Marjut Summanen (substitute)
Coordinator
Incoming students
+358406671430



Ms. Miia Tuominen
Coordinator
Outgoing students
+358447080748



Ms. Emmi Kemppainen
Coordinator
Short Mobility, BIPs
+358503460675



Studies

The independent nature of UAS studies in Finland presupposes that students show initiative and take responsibility for the planning of their studies and for keeping to their own schedules. LAB being a university of applied sciences also means that the approach is very practical, including less theory and more projects. The study methods at LAB support self-guided development, which creates a basis for comprehensive learning: lectures, teamwork, projects, reading assignments and essays. In addition to face-to-face lectures, LAB also offers many online courses in **Moodle** learning platform.



Exams

Please note that there is **no specific exam period** at the end of the term; exams are held throughout the academic year.



Language requirement

English language requirement minimum level is B2.



Grading

Finnish higher education institutions use numeric grading scales. At LAB, the scale is from 5 (excellent) to 1 (sufficient). Every course and examination at LAB is recorded in the student's personal transcript. Below is a comparison table with other ECTS grading scale.

LAB grading scale

5 Excellent
4 Very good
3 Good
2 Satisfactory
1 Sufficient
0 Fail

European grade definition (not official equivalents)

A
B
C
D
E

Please note that some courses are without grading on a **pass/fail** basis. In this case the mark 'pass' appears on the transcript.



ECTS

Finnish higher education institutions use ECTS credit system. The estimated workload for a full time student in one **academic year is 60 ECTS** credits, meaning 30 ECTS credits per semester.

Please note that a credit does not refer to the duration of a course, but to the estimated amount of work required.

One credit refers to approximately **27 hours of work** by the student. Credits are used to define the extent of a given course. Lectures, projects, assignments and other forms of studies are all taken into consideration when the number of credits for each course is calculated.



Accommodation

LAHTI

LAB cooperates with the local student housing organisation Lahden Asunnot Oy (c/o Lahden Talot Oy) which organizes the housing arrangements **for all incoming exchange students who apply on time**. Further and up-to-date information available online. Student apartments are at different locations in Lahti. **Apartments are usually shared by 2-3 persons.**

More information at <https://lahdentalot.fi/exchangestudents/?lang=en>

Kuukkeli-Kodit is another housing provider. More information at <https://elab.lab.fi/en/completing-studies/internationalisation-and-student-exchange/incoming-exchange-students-guide-2>

LAPPEENRANTA

In Lappeenranta students can apply for student accommodation in the Lappeenranta Student Housing Foundation LOAS at www.loas.fi/en
Please apply for the accommodation directly from LOAS and by the given date. Students might need to apply for housing even if they have not yet received the acceptance letter from LAB University of Applied Sciences. LOAS will send only one housing offer per applicant. If a student rejects the offer, it might be very difficult to find another accommodation.

Student apartments are at different locations in Lappeenranta. **Apartments are usually shared by 2-3 persons.**

More information at www.loas.fi/en



Finances

Please note:

This estimate does not include social activities, travel or clothing. It has been estimated that an average Finnish student spends 700€ per month.

Approximate expenses per month

Accommodation	300€ - 500€
Lunch at student canteens	50€ - 80€
Self catering	90€ - 120€
Local transportation	50€ - 60€
Other expenses	100€ - 150€
Total	590€ - 910€



Visas and permits

- 1. Citizens of the Nordic countries** need not apply for a residence permit but have to register at a Digital and Population Data Services Agency if they stay in Finland longer than six months.
- 2. Citizens of other EEA countries** need to register their right of residence in Finland if they plan to stay in Finland for more than 3 months non-stop. They can do the registration at the Finnish Immigration Service within 90 days of their arrival to Finland. Please see information on http://www.migri.fi/eu_registration
- 3. Persons from outside the Nordic and the EEA countries** who intend to stay in Finland for more than 3 months need a residence permit which should be acquired before arrival in Finland at the nearest Finnish embassy or consulate. Please see the Finnish Immigration Flowchart: Residence Permit for Studies at www.migri.fi.
- 4. Each student needs to do registration into Population Information System in Finland. This is advised and done during the Orientation Programme.**

LAB only provides the above information as general guidance regarding residence permits and visa issues and is in no way responsible for official rules and regulations regarding their distribution. As immigration policy is subject to change, all international applicants should consult the [Finnish Immigration Service](#) for up-to-date information regarding residence permits.

More information at online exchange student guide. All international students need to apply Finnish Personal Identity Code. Students entering Finland with a residence permit can apply Finnish PIC within the residence permit application. Finnish PIC can be applied from Digital and Population Data Services Agency once arrival. Instructions are given within the Orientation Programme.



LAB offers courses in intercultural communication and interdisciplinary courses in our focus areas of design, environmental engineering and welfare as well as courses about Finnish language and culture.



Insurance

All students are responsible for their own insurance arrangements and we strongly recommend taking a comprehensive insurance for the stay in Finland. Health insurance is a requirement for obtaining a residence permit for studies in Finland.



Disability

LAB University of Applied Sciences is committed to providing equal educational opportunity for students and staff with disabilities. Practical procedures will be discussed case by case. Please be in touch as soon as possible for practical arrangements.

